

**Centers for Disease Control and Prevention
National Diabetes Prevention Program
Diabetes Prevention Recognition Program
Hispanic Heritage Month Radio PSA - English**

SCRIPT

Narrator

Nuestra gente are dynamic, full of life and here for one another. Honor that heritage by living your best life for you and the people you care about. When you sign up for CDC's National Diabetes Prevention Program lifestyle change program you'll learn strategies that can prevent type 2 diabetes like dancing to increase physical activity and swapping healthier ingredients in your favorite recipes. Learn more at cdc.gov/diabetes/Spanish/prevention.